



Shelter Mt Kinabalu Charity Climb 2024

THU
26/9 — **30/9**
2024 MON
2024



Scale the Heights for a Good Cause

Embark on a **5-day, 4-night** journey to the summit of the legendary Mount Kinabalu! As you revel in the breathtaking vistas and overcome each challenge, you're also climbing for a cause that supports Shelter's mission to aid abused, abandoned, and neglected children.

Why Climb with Us?

Impact Lives

Every step you take helps fund Shelter's operating expense. Your participation translates into hope and support for countless children, offering them a brighter future.

Experience of a Lifetime

This climb isn't just about reaching the peak; it's about immersing in the majestic Malaysian beauty of one of Asia's highest mountains at a comfortable pace. It's a perfect mix of adventure and serenity.

Registration Fee

Package 1: RM3,200* (Normal)

*Excluding Air Fare

Package 2: RM4,500* (Foreigner)

*Excluding Air Fare

This fee goes solely towards the participant's climb package, which includes training for the climb

Interested participants are required to submit their registration details with 50% deposit by **30th May 2024**

PARTNERSHIP REQUIREMENT: Each Participant must raise a minimum of RM 2500 for Shelter from their own contacts.

Except for the registration fee, all other donations raised are tax-exempt (LHDN 01/35/42/51/179-6.3700)

Registration Fee Includes:

- Transport up and down Kundasang
- 4 nights stay
- Meals as stated
- Mountain guides for Climbers
- Entrance Fee at Kinabalu Park, Climbing Insurance & Climbing Permit

Recommended Items to Bring:
Will be emailed to climbers

Please Read Thoroughly

DO NOT CLIMB if you have a history of suffering from the following ailments:

Heart Disease, Hypertension, Chronic Asthma, Peptic Ulcer, Severe Anaemia, Diabetes, Epileptic Fits, Arthritis, Palpitation, Hepatitis (Jaundice), Muscular Cramps, Obesity (Overweight) or ANY other sickness that may be triggered by severe cold, exertion or high altitude.

“ Climbing Mt. Kinabalu for a cause made it very meaningful. Making new friends and the awesome sights at the peak were an added bonus. Overall a great experience.” ~NL

ITINERARY

DAY 1 Arrival - Kundasang - Zen Garden Hotel, Kundasang - / - / D

26/9 THU

Meet at Sri Melaka restaurant in Kota Kinabalu at 12pm
 After lunch, a 2 hour drive to Kundasang Highlands, stop-over at Nabalu Town for photo op, buy fruits or souvenirs.
 Continue journey to Kundasang - Check in to Zen Garden Hotel, Kundasang
 Dinner at resort - Free at own leisure and overnight stay at resort

DAY 2 Kinabalu Park HQ - Timpohon Gate - Laban Rata B / L / D

27/9 FRI

Check out and breakfast at Hotel - Transfer to Kinabalu Park HQ for Mt Kinabalu registration, collect packed lunch and meet Mountain Guide - Transfer by Koktas to Timpohon Gate
 Start trek up to Laban Rata - Along the climb, have packed lunch by noon
 Check in at rest house - Dinner at Laban Rata - Free at own leisure and overnight stay at resort

DAY 3 Laban Rata - Low's Peak - Laban Rata Supper / L / D

28/9 SAT

Early morning supper - Start trek up from Laban Rata and catch sunrise at the mountain top - Trek back down to Laban Rata
 Breakfast, free at own leisure - Lunch at Laban Rata rest house, free at own leisure - Dinner at Laban Rata, free at own leisure and overnight stay at resort

DAY 4 Laban Rata - Timpohon Gate - Park HQ - Kota Kinabalu B / L / D

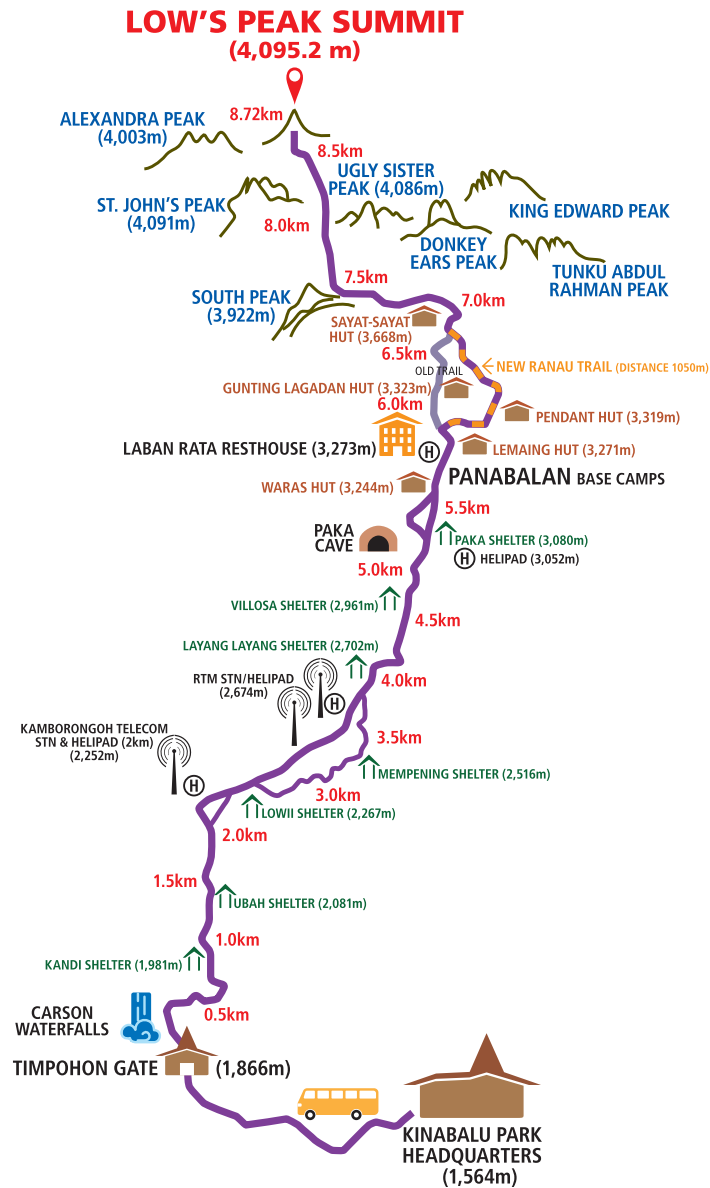
29/9 SUN

Breakfast at Laban Rata rest house and Check Out - Start trek down to Timpohon Gate - Transfer to Liwagu Restaurant for lunch
 Collect certificate and depart to Kota Kinabalu city - Check in hotel, free at own leisure and celebration dinner at hotel

DAY 5 Departure Transfer B / - / -

30/9 MON

Breakfast and exchange of stories. Free and easy, shop and relax - Lunch on your own - Check out - End of trip, free at own leisure.



Get Ready for the Climb!

Our team offers essential pre-climb training to ensure you're fully prepared for the Mount Kinabalu adventure.

Safety and readiness are our top priorities



Shelter Home, a registered welfare organisation since June 1981, is dedicated to nurturing children and teens who have faced abuse, abandonment, neglect, or are at risk.

Our mission is to guide them towards becoming



Well - Balanced

Mature



Positive Members of Society

OUR HOMES



HOME 1

A nurturing environment for children aged 4 - 12 years



HOME 2

A supportive space for teenage girls, 13 - 18 years



HOME 3

A supportive space for teenage boys, 13 - 18 years

Our commitment extends beyond our walls

We actively support the wider community by providing essential food and assistance to families in need. Understanding the challenges of working families, we offer a Shelter-After-School program, designed to care for their children in a supportive, post-school environment

We firmly believe that every child, regardless of their circumstances, deserves the opportunity to flourish in a safe and loving environment. Join us in making a difference!



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